



Sunday Afternoon Social Dance

With Aidan Frost

Sunday 2nd March 2025, 2:30-4:30

Reid Memorial Hall, West Savile Terrace, EH9 3HY

Price: £10 / £5 for under-26s and full-time students*



Part of Let's Dance 2025



Let's Dance 2025 is an initiative spearheaded by Angela Rippon. Following her success on Strictly Come Dancing and reaping the benefits of regular dance, Angela is on a mission to get the whole nation dancing.

Let's Dance is about raising awareness of the benefits of dance on both physical and mental health, and bringing together everybody, from older people to teenagers, to embrace the joy and benefits of dancing.

Programme

Maxwell's Rant	8x32R	RSCDS 18	The Highland Rambler	8x40R	Goldring
Joie de Vivre	8x32J	RSCDS 39	Links with St Petersburg	8x32J	RSCDS 46
City of Belfast	3x32S	RSCDS 48	MacDonald of the Isles	3x32S	Haynes
The Reel of the Royal Scots	8x32R	RSCDS Lflt	The Luckenbooth Brooch	8x32J	RSCDS 53
Johnnie Walker	<input type="checkbox"/> 64S+64J	Robson	Mairi's Wedding	8x40R	Cosh

Extras

Tribute to the Borders	8x32J	RSCDS Lflt	Scott Meikle	4x32R	RSCDS 46
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*under-18s must be capable dancers and accompanied by a parent or guardian

Dunedin Dancers is a Scottish charity SC011896 | enquiries@dunedindancers.org.uk | www.dunedindancers.org.uk

RSCDS (Edinburgh Branch) is a Scottish charity SC016958 | info@rscdsedinburgh.org | www.rscdsedinburgh.org

Precautions and practicalities

We do have various guidelines to help things run smoothly and keep everyone safe.
Thank you for your co-operation in following these.

- Masks are not required to dance, but you may choose to wear one.
- Please consider bringing your own water/drinks as appropriate.
- Sanitiser will be available to allow you to sanitise your hands regularly.
- Please also respect any guidelines or restrictions which the Church has in place.
- Cribs available from <https://my.strathspey.org/dd/list/56703/>
- If possible, please pay electronically, either
 - in advance via <https://rscdsedinburgh.org/events>
 - or on the door - exact change appreciated
- Of course, the situation and the guidelines may change. The committee will have the latest information, so please follow their instructions.

...and most importantly - while we'd love to see you, if you are not feeling well, or have any Covid-19 symptoms, please stay home and look after yourself